

RADIANT EMBODIMENT



Heads Hearts and Tails

Workshop for Women, **September 26-28.2008**
at SoulSpeak, Duncan Vancouver Island, BC,
with Sabine Grandke-Taft

*Would you like to live your true feminine radiance? What is holding you back?
What if the answer is very exciting?*

*Imagine blissful ways to **relax** into your natural feminine flow. Imagine finding your ability to surrender your tension and feel safe. I invite you to open your bliss body. Deeply experience your spine as the ancient sacred serpent of life wisdom power and pleasure.*

Explore the relationship between your hips and your lips by:

- ✦ **Playing with Sound, Breath and Movement**, feeling how subtle vibrations bring balance and harmony to every cell of your natural body
- ✦ Bask in **Symphonic Touch Movement Massage®**, nurturing your sacred space inside
- ✦ Experiencing **Feldenkrais Movement®** - unite your animal and your divine body
- ✦ **Reconnecting lovingly** with your body's feminine sensuality, grace and pelvic power
- ✦ **Answers** on feminine radiance, life, love, pain and pleasure, sexuality, relationships

Tuition: \$299, \$100 is nonrefundable deposit if you cancel after August 29th

Register: <http://www.radiantembodiment.com/noedit/register.html> CC or PayPal

Location: <http://www.soulspeak.ca/>, Duncan, Vancouver Isl. BC, Lise 250-709-BODY (2639)

Schedule: Friday 7PM - 9:30 PM **open to bring your girl friends for \$25**

Saturday 10 PM - 6 PM, Sunday 9 AM - 5 PM **for women only**,

Sleepover arrangements available – please call Lise

Registration deadline is August 29th! Minimum number of 13 participants required.



Sabine Grandke-Taft is an internationally known workshop leader and Embodiment Expert. Since 1977 Sabine mastered over 20 modalities of body-centered healing as a Physical Therapist, Feldenkrais Practitioner®, Watsu, CMT and Somatic Experiencing Practitioner, SEP. Sabine's 5-year apprenticeship with David Deida inspired her passionately to develop the unique Radiant Embodiment Workshops.

Integrating these models she brings to women and men a fresh somatic healing approach leading to authentic embodiment. Symphonic Touch®, a synthesis of Sabine's experience and training, allows you to move beyond pain/behavior patterns and to feel your body clear, relaxed and open for a deeper life of peaceful passion.

You ONLY have to let the soft animal of your body love what it loves – Marie Oliver